



Honda CRF 450 R SOHC 4v

Effective October 2019
 Prices Subject To Change
 Without Notice!

VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
.418/.342	284°/298°	261°/262°	242/921	Race profile designed to increase mid and upper end performance. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit. Check ALL clearances!	N/A	N/A	57-762 \$472.00
.415/.410	276°/276°	252°/248°	493/739	High lift, short duration racing profile. Excellent throttle response. Requires High Compression Piston, Performance Valve Spring Kit, Shortened Valve Guides, and Larger Diameter Followers. Check ALL clearances!	N/A	N/A \$0.00	57-272 \$472.00
.415/.342	276°/288°	252°/252°	493/729	Performance profile designed to increase mid and upper end. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit.	N/A	N/A \$0.00	57-142 \$472.00
.408/.342	282°/298°	258°/262°	208/921	Race profile. Works well for TT, Super Motard or MX. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit.	N/A	N/A \$0.00	57-282 \$472.00
.400/.360	268°/280°	242°/245°	1043/1044	Excellent throttle response and torque. Works well for Supercross, Freestyle and short track Super Motard applications.	N/A	N/A	57-772 \$472.00
.400/.350	282°/288°	256°/252°	961/962	Performance profile designed to increase mid and upper end. Check ALL clearances!	N/A	N/A \$0.00	57-262 \$472.00
.355/.342	282°/298°	258°/262°	943/921	Bolt in profile increases overall performance throughout RPM range.	N/A	N/A \$0.00	57-132 \$472.00



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				Bolts			New factory OEM Bolts to use with your adjustable cam gear. See part number CG-H14. Price Per Set (2). CB-001 \$25.00
				Buckets, Shim Under (Supertech)			26 mm x 18 mm x 3.0 mm Price (Each). CF-C37 \$40.00
				Buckets, Shim Under (Supertech)			28 mm x 20 mm x 3.0 mm Price (Each). CF-C41 \$40.00
				Chain Tensioner, Manual			CNC machined from billet alloy to exact tolerances for perfect fit. This tensioner can not back out allowing the cam chain to jump the sprockets as the auto adjusters have been known to do. In the CRF models fits (04-14). Price (Each). CT-H08 \$65.00
				Chain Tensioner, Manual PRO Series			The PRO Series is designed for the racer who frequently adjust his engine. The easy-access socket head adjuster screw is perfect for tight spaces. The interior o-ring design ensures that repeated adjustments will not eventually flatten the o-ring against the jam nut. The PRO Series design features an internal o-ring and custom-machined adjuster bolt. The bolt is broached with a 4 mm hex. Does not fit CRF 450 R (02-03) models, or the TRX 450 ER 06, and the 10 14 models as well. Price (Each). CT-H03 \$95.00
				Valve Spring Kit With Aluminum Retainers			Kit includes performance dual PSI springs, aluminum retainers, and bottom cups. OK to .500" valve lift. Price Per Set (4). VC-H72 \$335.00
				Valve Spring Kit With Titanium Retainers (High Rev)			Kit includes performance single springs, hardened bottoms, and titanium retainers. Recommend for Flat Track use and Hi-Rev applications. OK to .394" Valve Lift. Price Per Set (4). VC-H97 \$275.00



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				Valve Spring Kit With Titanium Retainers	Kit includes performance dual springs and Titanium retainers. OK up to 0.440" valve lift. Check ALL clearances! Price Per Set (4).		VC-H74 \$195.00
				Valve Spring Kit With Titanium Retainers	Kit includes performance dual springs, Titanium retainers, and bottom cups. OK to .500" valve lift. Recommend using with Titanium valves. Price Per Set (4).		VC-H46 \$320.00
				Valve Spring Kit With Titanium Retainers	Kit includes performance dual PSI springs, Titanium retainers, and bottoms. OK to 0.500" valve lift. Price Per Set (4).		VC-H15 \$445.00
				Valves, Stainless (Ferrea) Intake Oversized	Oversized +1 mm to 37 mm, +2 mm OS for the 450 X (05-17). Price (Each).		IV-H36 \$40.80
				Valves, Stainless (Kibblewhite) Intake Oversized	Oversized +1 mm to 37 mm, +2 mm OS for the 450 X (05-17). Price (Each).		IV-H16 \$30.00
				Valves, Stainless (Kibblewhite) Intake Oversized	Oversized +2 mm to 38 mm, +3 mm OS for the 450 X (05-17). Price (Each).		IV-H19 \$50.00
				Valves, Stainless (Ferrea) Intake Size	Standard size 36 mm, +1 mm OS for the 450 X (05-17). Price (Each).		IV-H39 \$40.80



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Valves, Stainless (Kibblewhite) Intake Size				Standard size 36 mm, +1 mm OS for the 450 X (05-17). Price (Each).			IV-H15 \$30.00
Valves, Stainless (Ferrea) Exhaust Oversized				Oversized +1 mm to 32 mm for CRF 450 R (02-06), +2 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H40 \$40.80
Valves, Stainless (Kibblewhite) Exhaust Oversized				Oversized +1 mm to 32 mm for CRF 450 R (02-06), +2 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H16 \$30.00
Valves, Stainless (Ferrea) Exhaust Size				Standard Size 31 mm for CRF 450 R (02-06), +1 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H39 \$40.80
Valves, Stainless (Kibblewhite) Exhaust Size				Standard Size 31 mm for CRF 450 R (02-06), +1 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H15 \$30.00
Valves, Stainless (Kibblewhite) Exhaust Standard Size				Standard size 30 mm. Price (Each).			EV-H07 \$30.00
Valve Guide, Shortened .120" Intake Standard Size				Made from special C630 Bronze material for longer wear. Standard size. Adds additional retainer to guide seal clearance. Must use for lifts above 0.385". Custom sizes available +.001, +.002, +.004, +.010. Price (Each).			VG-H07-I \$13.50



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Valve Guide, Shortened Size	.095"	Exhaust	Standard	Made from special C630 Bronze material for longer wear. Standard size. Adds additional retainer to guide seal clearance. Must use for lifts above 0.385". Custom sizes available +.001, +.002, +.004, +.010. Price (Each).			VG-H07-E \$13.50
Valve Seals (OEM) Intake				Replacement valve guide seals. Price Per Set (2).			VS-H00 \$20.00
Valve Seals (OEM) Exhaust				Replacement valve guide seals. Price Per Set (2).			VS-H07 \$15.00