



Honda CRF 450 X SOHC 4v

Effective October 2020
 Prices Subject To Change
 Without Notice!

VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
.430/.350	292°/294°	260°/255°	415/416	The "MYSTO" cam designed for race use ONLY. Works good for big bore applications. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit. Check ALL clearances!	N/A	N/A	57-072 \$472.00
.418/.342	284°/300°	261°/264°	242/921	Race profile. A WEB CAM winner! Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit. Check ALL clearances!	N/A	N/A	57-192 \$472.00
.415/.408	278°/276°	252°/248°	493/739	High lift, short duration racing profile. Excellent throttle response. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit. Check ALL clearances!	N/A	N/A \$0.00	55-442 \$472.00
.415/.342	278°/288°	252°/252°	493/729	Performance profile designed to increase mid and upper end. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit.	N/A	N/A \$0.00	55-462 \$472.00
.408/.342	284°/300°	259°/264°	208/921	Race profile. Works well for TT, Super Motard or MX. Requires Exhaust System, High Compression Piston, Larger Diameter Followers, Shortened Valve Guides, and Performance Valve Spring Kit.	N/A	N/A \$0.00	57-042 \$472.00
.400/.347	282°/288°	256°/252°	961/962	Performance profile designed to increase mid and upper end. Requires Exhaust System, High Compression Piston, and Performance Valve Spring Kit.	N/A	N/A	57-442 \$472.00
.400/.323	264°/280°	238°/241°	570/993	Performance profile designed to increase overall performance. Excellent throttle response. Requires Exhaust System, High Compression Piston, and Performance Valve Spring Kit.	N/A	N/A	57-512 \$472.00



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				Bolts			New factory OEM Bolts to use with your adjustable cam gear. See part number CG-H14. Price Per Set (2). CB-001 \$25.00
				Buckets, Shim Under (Supertech)			26 mm x 18 mm x 3.0 mm Price (Each). CF-C37 \$40.00
				Buckets, Shim Under (Supertech)			28 mm x 20 mm x 3.0 mm Price (Each). CF-C41 \$40.00
				Chain Tensioner, Manual			CNC machined from billet alloy to exact tolerances for perfect fit. This tensioner can not back out allowing the cam chain to jump the sprockets as the auto adjusters have been known to do. In the CRF models fits (04-14). Price (Each). CT-H08 \$65.00
				Chain Tensioner, Manual PRO Series			The PRO Series is designed for the racer who frequently adjust his engine. The easy-access socket head adjuster screw is perfect for tight spaces. The interior o-ring design ensures that repeated adjustments will not eventually flatten the o-ring against the jam nut. The PRO Series design features an internal o-ring and custom-machined adjuster bolt. The bolt is broached with a 4 mm hex. Does not fit CRF 450 R (02-03) models, or the TRX 450 ER 06, and the 10 11 models as well. Price (Each). CT-H03 \$95.00
				Valve Spring Kit With Titanium Retainers (High Rev)			Kit includes performance single springs, hardened bottoms, and titanium retainers. Recommend for Flat Track use and Hi-Rev applications. OK to .394" Valve Lift. Price Per Set (4). VC-H97 \$275.00
				Valve Spring Kit With Titanium Retainers			Kit includes performance dual springs and Titanium retainers. OK up to 0.440" valve lift. Check ALL clearances! Price Per Set (4). VC-H74 \$195.00



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VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
Valves, Stainless (Ferrea) Intake				Standard size 36 mm, +1 mm OS for the 450 X (05-17). Price (Each).			IV-H39 \$40.80
Valves, Stainless (Ferrea) Intake Oversized				Oversized +1 mm to 37 mm, +2 mm OS for the 450 X (05-17). Price (Each).			IV-H36 \$40.80
Valves, Stainless (Kibblewhite) Intake Oversized				Oversized +1 mm to 37 mm, +2 mm OS for the 450 X (05-17). Price (Each).			IV-H16 \$30.00
Valves, Stainless (Kibblewhite) Intake Oversized				Oversized +2 mm to 38 mm, +3 mm OS for the 450 X (05-17). Price (Each).			IV-H19 \$50.00
Valves, Stainless (Kibblewhite) Intake Standard Size				Standard size 35 mm. Fits 450 X (05-17). Price (Each).			IV-H32 \$90.00
Valves, Stainless (Kibblewhite) Intake Standard Size				Standard size 36 mm, +1 mm OS for the 450 X (05-17). Price (Each).			IV-H15 \$30.00
Valves, Stainless (Kibblewhite) Exhaust Oversized				Standard Size 31 mm for CRF 450 R (02-06), +1 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H15 \$30.00



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VALVE LIFT	DURATION	DURATION @ .050	GRIND NUMBER	DESCRIPTION	REGRIND	HARDWELD	BILLET
Valves, Stainless (Ferrea) Exhaust Oversized				Oversized +1 mm to 32 mm for CRF 450 R (02-06), +2 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H40 \$40.80
Valves, Stainless (Kibblewhite) Exhaust Oversized				Oversized +1 mm to 32 mm for CRF 450 R (02-06), +2 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H16 \$30.00
Valves, Stainless (Ferrea) Exhaust Size				Standard Size 31 mm for CRF 450 R (02-06), +1 mm oversize for CRF 450 R (07-08), CRF 450 X (05-17), TRX 450 ER (06-14), TRX 450 R (06-09). Price (Each).			EV-H39 \$40.80
Valves, Stainless (Kibblewhite) Exhaust Standard Size				Standard size 30 mm. Price (Each).			EV-H07 \$30.00